



SPA MENU



Welcome to Lula Wellness Spa at Petra Mare Hotel

YOUR WELLNESS JOURNEY

Lula Wellness Spa welcomes you to a tranquil sanctuary born from the affection and natural elegance of Ierapetra. Inspired by the treasures of Crete, we offer a space where time slows down, and wellbeing takes center stage. Here, you are invited to relax, restore, and recharge through a holistic philosophy rooted in purity and nature. We believe in mindful rituals, natural touch, and the healing power of true care. Each treatment is thoughtfully crafted to restore balance, release tension, and awaken inner harmony. Whether you seek calm or deep renewal, your journey with us nurtures body, mind, and spirit—beautifully and completely.

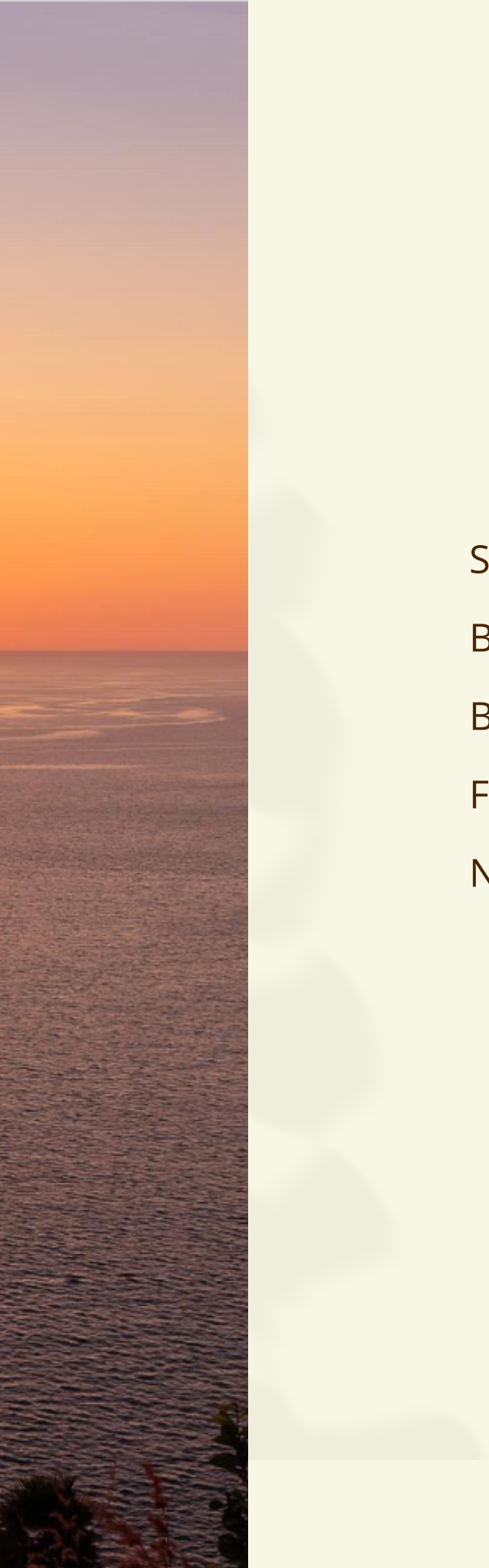
ESSENCE OF GREECE

Our exclusive treatments embody the essence of Greek nature, combining authenticity with refined efficacy. In a curated collaboration with Ariadne Athens - the first Greek luxury spa brand - our wellness rituals reflect a seamless synergy of tradition and innovation. Where cutting-edge biocosmetic science meets the purity of Mediterranean botanicals, each treatment offers a sensory journey rooted in heritage, crafted for those who seek depth, elegance, and lasting rejuvenation.

A TRULY UNIQUE SENSORY EXPERIENCE

At Lula Wellness Spa, every treatment is a celebration of the senses. From the gentle aromas of wild herbs to the soothing textures and rhythms of each ritual, we've created an environment where you can completely unwind. Let your body soften, your thoughts quiet, and your inner self reawaken through a wellness journey that honors the simplicity and beauty of Greek nature.





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60 minutes



SIGNATURE MASSAGE RITUAL

COUPLE MASSAGE JOURNEY

120'

Spend quality time together and indulge in a truly unique experience, designed for couples to share. Enjoy a full body aromatherapy massage with warm oil completes the experience. The experience is enhanced with an ultra-moisturizing facial, to nourish and hydrate the skin. The ritual concludes with a refreshing glass of wine, awakening the senses and leaving you in a state of pure euphoria.

Aromatherapy, face treatment

300€

GOLDEN SILK EXPERIENCE

120'

A complete rejuvenating treatment combining body and facial care. Includes a full-body exfoliating scrub and a firming mask with ginger-infused products, a relaxing massage and revitalizing facial. Designed to smooth, tighten and restore your skin's natural glow.

BODY SCRUB, BODY MASK, MASSAGE, MINI FACIAL

150€

DEEP RELAXATION RITUAL

120'

An indulgent treatment designed to release tension and restore inner balance. Through soothing techniques and gentle movements,, this ritual calms the body and mind, reduces stress, and promotes a deep sense relaxation and well-being. A peaceful escape that leaves you feeling refreshed and complete at ease.

BODY MASSAGE, FACE, SCALP AND SAYNA

150€

FAMILY WELLNESS ESCAPE

120'

A relaxing experience designed for quality time and shared well – being. Enjoy a soothing massage tailored for each family member, followed by access to a heated pool where you can unwind together in a calm and peaceful atmosphere.

BODY MASSAGE, WET AREA

190€ 2 adults plus 1 child

250 € 2 adults plus 2 children

310€ 2 adults plus 3 children

BODY MASSAGE

DEEP TISSUE 60'-90'

100€-120€

AROMATHERAPY 60'

80€

BACK AND SHOULDER 30'

50€

SCALP 30'

50€

FOOT MASSAGE 30'

50€

PRENATAL 45'

60€

BODY TREATMENT

GOLDEN LINE – GINGER BODY

45'

FIRMING AND SKIN ELASTICITY – LIPOLYSIS AND CELLULITE THERAPY

60€

HERBAL BODY

40'

HYDRATION, NOURISHMENT & SOFTNESS

60€

AFTER SUN

30'

50€





FACIAL TREATMENT

VITAMIN C

60'

A brightening and revitalizing facial deigned to restore radiance and even skin tone. Enriched with vitamin C, this treatment helps boost collagen production, improve skin texture and protect against environmental stress. It leaves the skin glowing, hydrated and visibly refreshed.

90€

COLLAGEN

60'

A firming and rejuvenating facial designed to improve skin elasticity ad reduce the appearance of fine lines. Enriched with collagen-boosting ingredients, this treatment helps hydrate, plump and restore the skin's youthful look, leaving it smoother, firmer and deeply nourished.

110€

HYALURONIC

60'

Intensive anti-wrinkle and moisturizing beauty care with 3 size of hyaluronic acid, hyaluronic 'wrinkle- fillers', antiaging oligopeptides, Chinese white tea, Japanese cherry blossoms, French roses, Magnolia and Indian lotus flowers. Effective long-lasting moisturization and firmness. Helps improve the appearance of deep wrinkles and expression lines. Improves elasticity and firmness. Soft and bright young-looking skin. Ideal as follow-up care after microneedling or mesotherapy

100€

60 minutes

RED VINE

60'

An antioxidant – rich facial designed to protect, strengthen and revitalize the skin. Infused wit red vine extracts, this treatment helps improve circulation, enhance skin tone and protect against environmental stress, leaving the skin refreshed, radiant and full of vitality. Ideal for tired or stressed skin in need of renewal.

110€

LIFTING

60'

A sculpting and firming facial designed to lift, tone and redefine facial contours. Using specialized techniques and targeted product , this treatment helps improve elasticity, reduce the appearance of fine lines and restore a more youthful, lifted look. Leaves the skin smooth, firm and visibly rejuvenated.

100€



petra mare hotel







NAILS SALON

NAIL CARE AND HYDRATION, NO POLISH **27€**

NAIL CARE WITH NAIL POLISH **32€**

ACRYLIC OR ACRYGEL MANICURE **50€**

*Plus 2€ the removal of old manicure.

PEDICURE, NO POLISH **35€** 60 minutes

SEMI-PERMANENT PEDICURE **40€**

Lula

WET AREA

WELLNESS

#PetraMareExperience

- ✓ STEAM BATH
- ✓ DRY SAUNA
- ✓ INDOOR THERMAL POOL

60 minu

*FREE USAGE FOR SPA VISITORS



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SPA ETIQUETTE

- The Spa and its environs are strictly NO SMOKING area.
- Please conduct all conversations at levels consistent with a relaxing environment.
- The Spa is open to persons over the age of 12.
- Please leave all items of value in your locker. The Spa is not responsible for loss of or damage to a guest's personal belongings.
- All guests will be required to complete and sign a health & lifestyle questionnaire upon arrival and prior to treatments.
- To ensure the appointment time you prefer, we highly recommend advance reservations.
- Please note that a 24 hour cancellation notice is required for all bookings and services as a courtesy to our other guests.
- Please arrive in time to enjoy the facilities and ensure that you are ready to be collected by your therapist at the allotted time. Out of consideration for all Spa guests, late arrivals will not be given an extension of scheduled treatment times and the full cost of the treatment will be charged.
- Guests are advised to arrive at least 20 minutes prior to their first appointment to allow themselves ample time to check in and shower, as it is essential before any treatment. The beneficial oils used in our treatments are best absorbed through clean skin.
- During treatments, please let your therapist know if you are comfortable or uncomfortable, too warm or too cold, or if their pressure is too light or too firm. Your comfort and care is our greatest concern and priority.
- If you have a particular injury or physical condition, please explain it to the therapist. They may suggest appropriate adjustments to the treatment for your comfort and enhancement.

Opening hours 10:00-18:00